

CHAPLAIN

Rev. Marc Bishop

GRAND KNIGHTNicholas Gallo Sr.
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KNIGHTS

OF COLUMBUS

ARLINGTON COUNCIL 109

GRAND KNIGHT'S MESSAGE

October 2024

Dear Brothers,

We had a busy and very rewarding September! We participated in the CPARL and St. Eulalia Fall Festivals, Town Day, held National Remembrance Day Prayer Service, and the Soccer Challenge, as well as all the "normal" activities we have for each month! Thank you so much to all the Brothers coming out and donating their time to make our community a great place to live and raise a family!

This month we also have much ahead of us. Please consider finding some time to assist the Council in a way that works for you. **We especially need brothers to step in and assist with volunteering for the Tootsie Roll Drive.** If each member could give a few hours, it would make a huge difference for the Council and in the lives of those we are able to help. Just spending a couple hours handing out Tootsie rolls (alone or with your family) really makes a big difference! Please let me know when you are available to assist.

We also have a Hockey challenge (date pending rink availability), Special Needs Halloween Party, and the Catholic Citizenship Essays coming in this month. Much to do, and if something speaks to you – reach out and join in!

Finally, please remember to cast your vote. The Knights of Columbus is not a political organization, we do not endorse candidates for office, nor should we. That said, we are patriots and encourage getting out to vote! It is important that all voices are heard and recognized, please vote and encourage others to do so. Early voting in Massachusetts starts Saturday October 19th.

God Bless, I look forward to seeing you soon!

Vivat Iesu & May God Bless Council 109
Grand Knight Nicholas Gallo

Upcoming Council Events & Activities

October 1 st	Officer's Planning Meeting
October 2 nd	National Coffee with a Cop Day (Whittemore Park)
October 8 th	Columbus Club Meeting, Nominations Due
October 11 th	Catholic Citizenship Essay Submissions Due
October 11 th , 12 th , & 13 th	Tootsie Roll Drive
October 13 th	Contra for a Cause
October 15 th	Knights of Columbus Meeting
October 28 th	Special Needs Halloween Party

To keep informed of Council activities, visit our website: www.KofC109.com

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OUR LOCAL PARISHES:

St. Agnes & St. Camillus

www.cparl.org

St. Eulalia

www.sainteulalia.org

St. Peter

www.saintpetercambridge.org**COUNCIL SEMINARIANS:**

Paulo Carvalho

OCTOBER MOTIONS

The following motions have been submitted for our regular business meeting:

- Approval of September 17th Regular Business Meeting Minutes

KEEP IN YOUR PRAYERS

The following Brothers or family members have been reported ill. Your prayers are requested for their well-being and for the continued good health of all our Brothers and their families. A card or a visit would be appreciated.

PGK Bob Cullinane & his bride Maureen – unwell and could use prayers.

Brother Steve Kelly Sr – in rehab after a few falls.

Brother David Gallo Sr, father of GK Gallo – undergoing treatment for Mantle Cell Lymphoma.

Diana Couture, wife of FDD/PGK David Couture – unwell and could use prayers.

Scott Chisholm, brother of Brother John Chisholm – undergoing treatment for cancer.

Mary Brady, mother of Brother Michael Brady – unwell and could use prayers.

IN MEMORIAM

Please remember in your prayers the repose of the souls of all our deceased Brothers and their family members, may their souls and all the souls of the faithfully departed, through the mercy of God, rest in peace.

Marianne Reed - aunt of Brother Michael Lojaco

OCTOBER REFLECTION FROM PGK THOMAS HENRY

Care & Comfort

Here's extra warmth when the world seems cold. An arm around you when you need it most. A hug to wrap you with loving care. A comforting touch when you are feeling low. A prayer you can feel to bring you comfort. A gentle reminder of how much your loved.

"God loves each of us as if there were only one of us." St. Augustine

KofC #109 STORE OPEN UNTIL OCTOBER 20th

Our good friends over at Sports Etc. have opened the KofC #109 store! The store will be "open" until the 20th, all items are unique to our Council and we are supporting a local business. Take a moment and grab yourself some KofC #109 gear!

<https://www.sportsetc.net/arlingtonkofc>

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KOFC SCHOLARSHIPS

In addition to our Council organized scholarship opportunities, many scholarships also exist at the SUPREME Council level. More info: <https://www.kofc.org/en/what-we-do/scholarships/index.html>

CANDIDATES FOR COUNCIL MEMBERSHIP

The below are individuals who have completed an application for membership to our Council. **Action will be taken on their application at our next Business Meeting:**

John Griffin John Ford John Boudreau

ASPIRANTS FOR COUNCIL MEMBERSHIP

The below are individuals who have been accepted by a vote of the Council but have not yet completed a degree. **Please encourage these Aspirants to complete their degree training** so they may fulfil their membership requirements:

Bill Darnell Matthew Lojacono Matthew Garcia

ON-DEMAND EXEMPLIFICATION

Have you reached the 3rd degree? All individuals without a degree or with only the 1st & 2nd degrees are encouraged to complete their 3rd degree. Our first three degrees are an introduction to our order's focuses on Charity, Unity, and Fraternity. **This on-demand training only takes about 30 minutes to complete.** A link to the ceremony may be found here: www.kofc109.com/exemplification

COUNCIL MEMBERSHIP UPDATE

We have set a goal of 30 new members this fraternal year (July 2024 - June 2025). Below is our progress towards that goal:

Goal	Sept +	FYTD +	%
30	0	12	40%

Make sure to both recruit new members and assist them through the degree process!

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“Remember that God does not give anyone more trials than can be suffered and that his majesty is with the afflicted. For this is certain; there is no reason to fear but to hope in his mercy. He will reveal the whole truth; and some machinations, which the devil kept hidden so as to create a disturbance, will be made known.”

- Saint Teresa of Ávila (1515-1582),
Feast Day October 15th

AD SPACES AVAILABLE
CONTACT ANY KofC109 OFFICER

CATHOLIC CITIZENSHIP ESSAY CONTEST

We are accepting submissions for the 2024-2025 essay contest.

Submissions are due Friday October 11th. More info:

www.kofc109.com/ccec

*** Proud Reminder *** In the 2023-2024 contest we had 3 essays go all the way to international runner's up! The only Council to do so in our entire order.

ANNUAL DECEMBER BENEFIT DRAWING

The Annual December Benefit Drawing (aka 10K Drawing) will be held on Saturday, December 7th. Letters notifying folks who have a number on-hold will be going out soon! Please make sure to respond ASAP so unused numbers can be reallocated. The proceeds from the drawing will be allocated to the Canty/Prior Scholarship Fund, two scholarships to Saint Agnes School given in memory of John Stanton & Ed Downs, refurbishment of Council artifacts, and any remaining funds going to the operating fund.

CPARL CAREGIVERS SUPPORT EVENT

Saturday, October 5th, 12:00 PM – 2:00 PM | St. Agnes/Hope Hall

It's no secret that when someone takes on the role of caregiver, stress, exhaustion, and frustrations will follow. As a result, caregivers often report declining health, emotional fatigue, depression, and even spiritual depletion. Join us for a Nourish event, featuring Carmel Murphy-Kotyan from CMK Home Care, an in-home care service that seeks to bring a holistic approach to caregiving for the entire family. We'll focus on relaxation, practical information, compassion fatigue, and group discussion.

Enjoy a free lunch and the opportunity to connect with others who understand the unique challenges you face. Contact Mary Wessel at info@cparl.org or 781.648.0220 to learn more or register.

CPARL PUTTING A FACE ON HOMELESSNESS

Thursday, October 10th, 7:00 PM, St. Agnes/Hope Hall

Join us for a special panel presentation by members of Boston's Healthcare for the Homeless Program, whose mission is to ensure unconditionally equitable and dignified access to the highest quality health care for all individuals and families experiencing homelessness in our community.

They will share powerful stories from the streets, advocacy efforts, and how the community can help. A Q&A session, small group discussion, and refreshments will follow the presentation.