

CHAPLAIN

Rev. Marc Bishop

GRAND KNIGHTNicholas Gallo Sr.
GrandKnight@KofC109.com**DEPUTY GRAND KNIGHT**

Stephen Ronayne

CHANCELLOR

Jim McCaffery

WARDEN

Chuck Kunsman

INSIDE GUARD

Ron Sheehan

OUTSIDE GUARD

Tyler Buckley

FINANCIAL SECRETARYPeter Kenney (PGK)
FS@KofC109.com**TREASURER**Phil Lohnes
Treasurer@KofC109.com**RECORDER**

John Kneeland

ADVOCATE

Tim Buckley

TRUSTEESPaul Buckley (PGK)
David Couture (FDD, PGK)
Patrick Barrett (PGK)**INSURANCE GENERAL AGENT**Chandler Kuehne
Chandler.Kuehne@KofC.org**DISTRICT DEPUTY**

James McLaughlin

LECTURER

Michael Keefe (PGK)

HALL RENTALSGeorge McCarthy
Rental@KofC109.com
(781) 648-KofC (5632)

KNIGHTS

OF COLUMBUS

ARLINGTON COUNCIL 109

GRAND KNIGHT'S MESSAGE

January 2025

Dear Brothers,

Happy New Year! December was hectic, but we really accomplished a lot! I truly hope you and yours were able to take time to appreciate and enjoy the blessings of the season.

At our "Children's Christmas Party" Santa again did a cheery job! A huge thank you to PGK Kerins for all his efforts there! The December 10K drawing was again a great success, thanks to PGK/FDD Couture for always leading the charge. Our "Keep Christ in Christmas" poster contest was also hugely successful – you should see some of those hanging up at the parishes, thanks to the work of DGK Ronayne! Finally, a very special trip was made to visit Council Seminarian (and Brother Knight) Paulo! Visiting the seminary is always a pleasure, and we will do it again soon!

This month our "big" event is on the 12th, the [KofC Free Throw Championship](#). The contest will be held in the AC Gym starting at 1pm and is open to ALL aged 9-14. Please spread the word and encourage your family, friends, and neighbors to participate in this fantastic event! As a reminder, last year, our Council had multiple players advance through the various competition levels- including one State Champion and one runner-up State Champion.

This month as a Church we enter a jubilee year! The theme is "Pilgrims of Hope". Let us join Cardinal Dolan as he prayed "Bind up the wounds of hearts that are broken, loosen the chains that hold us slaves of sin, and grant your people joy of the Spirit so that they may walk with renewed hope toward their longed-for destiny, Christ, your son, our Lord, who lives and reigns forever and ever". We aim to join the parishes in celebrating this "Holy Year of Hope", more information to come!

We have had many great successes over the last year, and I am excited for the year to come with all of you!

Vivat Iesu & May God Bless Council 109
Grand Knight Nicholas Gallo

Upcoming Council Events & Activities

January 5 th	<i>The Epiphany of the Lord (transferred from 1/6)</i>
January 7 th	Officer's Planning Meeting
January 12 th	Free Throw Championship
January 12 th	Contra for a Cause
January 14 th	Columbus Club Meeting
January 21 st	Knights of Columbus Meeting
January 28 th	Fraternal Benefit Night w/ PGK Feeney!

To keep informed of Council activities, visit our website: www.KofC109.com

DECEMBER DONATION DRIVE

PROGRAM DIRECTOR

Paul Buckley (PGK)

MEMBERSHIP DIRECTOR

Peter Kenney (PGK)

RETENTION CHAIRMAN

Peter Kenney (PGK)

RECRUITMENT COMMITTEE

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DIRECTOR OF FAMILY ACTIVITIES

Stephen Ronayne

DIRECTOR OF COMMUNITY ACTIVITIES

Nicholas Gallo Sr.

DIRECTOR OF LIFE ACTIVITIES

Robert Tosi Jr. (PGK)

VOCATIONS CHAIRMAN

Thomas Henry (PGK)

VISITING COMMITTEE

Jim McCaffery

Stephen Ronayne

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OUR LOCAL PARISHES:

St. Agnes & St. Camillus

www.cparl.org

St. Eulalia

www.sainteulalia.org

St. Peter

www.saintpetercambridge.org

COUNCIL SEMINARIANS:

Paulo Carvalho

Brothers, I am very pleased to report a very successful donation drive! Through the generosity of many, we raised \$2,265 which earned us the full \$5,000 match. That's right – we raised \$7,265 for our charitable efforts through the donation drive! (*numbers accurate as of the writing of this bulletin) Thank you to all the donors and “boosters” who made this great success possible!

While the December drive and matching bonus are over, please know we are always an option for your charitable donations. This is an important consideration when determining your tax liabilities and donating to our Council may help you decrease your overall tax burden. Donated funds received by the Council are used for our charitable giving and programs. While unrestricted gifts offer the most flexibility, we can also accept restricted gifts, so for example if you wanted to target our Coats for Kids, Parish Outreach, Youth Sports, or Vocation Support programs you are able- just let us know!

JANUARY MOTIONS

The following motions have been submitted for our regular business meeting:

- Approval of December 17th Regular Business Meeting Minutes

KEEP IN YOUR PRAYERS

The following Brothers or family members have been reported ill. Your prayers are requested for their well-being and for the continued good health of all our Brothers and their families. A card or a visit would be appreciated.

PGK Bob Cullinane – unwell and could use prayers.

Brother Steve Kelly Sr – in rehab after a few falls. Also, recently lost his home to a housefire; he, his wife, and his German shepherd thankfully escaped.

Brother David Gallo Sr, father of GK Gallo – undergoing treatment for mantle cell lymphoma.

Diana Couture, wife of FDD/PGK David Couture – unwell and could use prayers.

Mary Brady, mother of Brother Michael Brady – unwell and could use prayers.

Sarah Yoss, sister of GK Gallo – undergoing treatment for thyroid cancer.

Arthur Ronayne, father of DGK Ronayne – unwell and could use prayers.

Jane & Holly, aunts of Brother Chris Duffy – unwell and could use prayers.

IN MEMORIAM

Please remember in your prayers the repose of the souls of all our deceased Brothers and their family members, may their souls and all the souls of the faithfully departed, through the mercy of God, rest in peace.

* All deceased Brothers and Family of Council 109 *

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SPORTS ETC.

1303 Massachusetts Ave. Arlington, MA 02476

KOFC SCHOLARSHIPS

In addition to our Council organized scholarship opportunities, many scholarships also exist at the SUPREME Council level. More info: <https://www.kofc.org/en/what-we-do/scholarships/index.html>

CANDIDATES FOR COUNCIL MEMBERSHIP

The below are individuals who have completed an application for membership to our Council. **Action will be taken on their application at our next Business Meeting:**

Fr. Rich Deshaies

ASPIRANTS FOR COUNCIL MEMBERSHIP

The below are individuals who have been accepted by a vote of the Council but have not yet completed a degree. **Please encourage these Aspirants to complete their degree training** so they may fulfill their membership requirements:

Bill Darnell Matthew Lojacono Matthew Garcia
David Abramson

ON-DEMAND EXEMPLIFICATION

Have you reached the 3rd degree? All individuals without a degree or with only the 1st & 2nd degrees are encouraged to complete their 3rd degree. Our first three degrees are an introduction to our order's focuses on Charity, Unity, and Fraternity. **This on-demand training only takes about 30 minutes to complete.** A link to the ceremony may be found here: www.kofc109.com/exemplification

COUNCIL MEMBERSHIP UPDATE

We have set a goal of 30 new members this fraternal year (July 2024 - June 2025). Below is our progress towards that goal:

Goal	Dec +	FYTD +	%
30	1	20	67%

Make sure to both recruit new members and assist them through the degree process!

INDIVIDUAL SURVEY OF FRATERNAL ACTIVITY

Please make sure to complete and submit them before January 21st! A copy is attached at the end of this bulletin.

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“Half an hour's meditation each day is essential, except when you are busy. Then a full hour is needed.”

“You learn to speak by speaking, to study by studying, to run by running, to work by working; and just so you learn to love God and man by loving.”

“Nothing is so strong as gentleness, nothing so gentle as real strength.”

- Saint Francis de Sales (1567-1622),
Feast Day January 24th

AD SPACES AVAILABLE
CONTACT ANY KofC109 OFFICER

FRATERNAL BENEFIT EVENT w/ PGK FEENEY

Worthy Past Grand Knight Tim Feeny recently became a KofC Insurance Agent! Join him and Brother Chandler Kuehne for a Fraternal Benefit Event in the Council Hall on **Tuesday, January 28th at 6:30 PM**. More information will come via email as we get closer to the event, but these are always a great opportunity to learn more about your benefits, what's new in the world of finance generally, and how you can plan for the future more specifically (the KofC is more than “just” life insurance!).

All Brothers are invited and encouraged to attend and learn more about the benefits of Knights of Columbus membership. The KofC does assign the Council an annual attendance goal for these events, so please do come out and enjoy the night with us if only to “get us credit” and give the worthy PGK a good show!

KNIGHTS OF COLUMBUS - COUNCIL 109
FREE THROW
CHAMPIONSHIP Awards & Prizes!

12 JAN 2025
1 PM - 2 PM



ARLINGTON CATHOLIC HIGH SCHOOL GYM
16 Medford St.
Arlington, MA, 02474

Open to those aged:
9 - 14 Years

Entrance to the gym is easiest from the back of the school adjacent to the parking lot available from Mystic St. or Chestnut St.

www.KofC109.com/FreeThrow

Annual Survey of Fraternal Activity

20__ Individual Member Worksheet

INSTRUCTIONS TO FINANCIAL SECRETARIES/FAITHFUL COMPTROLLERS/BURSARS

Note: Knights should separate reported assembly activities from their reported council activities.

Located on the lower portion of this page are individual Member Worksheets to assist you in determining the number of hours of volunteer service expended by members during 20__.

To help prepare our Fraternal Survey for the Supreme Council office, please complete the information requested below and return it at our next meeting. This information will assist us in determining the total number of hours of community service volunteered by our members.

COUNCIL HOURS

Faith Activities (where applicable) Hours of Service

a. Refund Support Vocations Program	
b. Church Facilities	
c. Catholic Schools/Seminaries	
d. Religious/Vocations Education	
e. Prayer & Study Programs	
f. Sacramental Gifts	
g. Miscellaneous Faith Activities	

Family Activities (where applicable)

a. Food for Families	
b. Family Formation Programs	
c. Keep Christ in Christmas	
d. Family Week	
e. Family Prayer Night	
f. Miscellaneous Family Programs	

Community Activities (where applicable)

a. Coats For Kids	
b. Global Wheelchair Mission	
c. Habitat for Humanity	
d. Disaster Preparedness/Relief	
e. Physically Disabled/Intellectual Disabilities	
f. Elderly/Widow(er) Care	
g. Hospitals/Health Organizations	
h. Columbian Squires	
i. Scouting/Youth Groups	
j. Athletics	
k. Youth Welfare/Service	
l. Scholarships/Education	
m. Veteran Military/VAVS	
n. Miscellaneous Community/Youth Activities	

Life Activities (where applicable)

a. Special Olympics	
b. Marches for Life	
c. Ultrasound Initiative	
d. Pregnancy Support	
e. Christian Refugee Relief	
f. Memorials to Unborn Children	
g. Miscellaneous Life Activities	

Other Fraternal Commitments (where applicable)

Visits to the Sick	
Visits to the Bereaved	
Number of Blood Donations	
Hours of Fraternal Service to Sick/Disabled Member and their Families	

TOTAL

ASSEMBLY HOURS

Faith Activities (where applicable) Hours of Service

a. Refund Support Vocations Program	
b. Church Facilities	
c. Catholic Schools/Seminaries	
d. Religious/Vocations Education	
e. Prayer & Study Programs	
f. Sacramental Gifts	
g. Miscellaneous Faith Activities	

Family Activities (where applicable)

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c. Keep Christ in Christmas	
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Community Activities (where applicable)

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c. Habitat for Humanity	
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j. Athletics	
k. Youth Welfare/Service	
l. Scholarships/Education	
m. Veteran Military/VAVS	
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TOTAL

